



THE PREMIER ACADEMY'S LUNCH MENU

Cooked fresh on site for your delight!

WEEK 1



Child's Name:

Class:

Allergens:

Instructions: For each day, please choose Main 1 OR Main 2 and a side OR Main 3 with a topping OR Main 4 with optional cheese. Please then do the same overleaf for Week 2, which allows for different choices. A bread basket, salad and vegetable choices are also available for all meals every day.

Day	Main 1 Halal & Vegetarian Available	OR	Main 2 Halal & Vegetarian Available	Main 1 or Main 2 Side Choice	OR	Main 3	Main 3 Topping Choice	OR	Main 4	Main 4 Optional Topping
Monday	Chicken Balti With Popadom	OR	Sausages (With optional Vegetarian & Gluten gravy)	Baby Roast Potatoes	OR	Jacket Potato	Cheese	OR	Beans On Toast	Cheese
				Jacket Potato			Beans			
				Rice			Tuna Mayo			
							Cheese & Beans			
Tuesday	Lasagne With Garlic Bread	OR	Chicken Nuggets	Chips	OR	Jacket Potato	Cheese	OR	Spaghetti On Toast	Cheese
				Jacket Potato			Beans			
				Pasta			Tuna Mayo			
							Cheese & Beans			
Wednesday	Chicken Fajita Wrap	OR	Fish Fingers	Herbie Potatoes	OR	Jacket Potato	Cheese	OR	Beans On Toast	Cheese
				Jacket Potato			Beans			
				Pasta			Tuna Mayo			
							Cheese & Beans			
Thursday	Pasta Bolognaise With Garlic Bread	OR	Pizza Squares	Chips	OR	Jacket Potato	Cheese	OR	Spaghetti On Toast	Cheese
				Jacket Potato			Beans			
				Pasta			Tuna Mayo			
							Cheese & Beans			
Friday	Chicken Pasta Bake	OR	Hot Dog In A Bun	Chips	OR	Jacket Potato	Cheese	OR	Beans On Toast	Cheese
				Jacket Potato			Bean			
				Rice			Tuna Mayo			
							Cheese & Beans			

PLEASE TURNOVER FOR WEEK 2

THE PREMIER ACADEMY'S LUNCH MENU - WEEK 2

Day	Main 1 Halal & Vegetarian Available	OR	Main 2 Halal & Vegetarian Available	Main 1 or Main 2 Side Choice	OR	Main 3	Main 3 Topping Choice	OR	Main 4	Main 4 Optional Topping
Monday	Chicken Balti With Popadom	OR	Sausages (With optional gravy)	Baby Roast Potatoes	OR	Jacket Potato	Cheese	OR	Beans On Toast	Cheese
				Jacket Potato			Beans			
				Rice			Tuna Mayo			
							Cheese & Beans			
Tuesday	Lasagne With Garlic Bread	OR	Chicken Nuggets	Chips	OR	Jacket Potato	Cheese	OR	Spaghetti On Toast	Cheese
				Jacket Potato			Beans			
				Pasta			Tuna Mayo			
							Cheese & Beans			
Wednesday	Chicken Wrap	OR	Fish Fingers	Herbie Potatoes	OR	Jacket Potato	Cheese	OR	Beans On Toast	Cheese
				Jacket Potato			Beans			
				Pasta			Tuna Mayo			
							Cheese & Beans			
Thursday	Pasta Bolognaise With Garlic Bread	OR	Pizza Squares	Chips	OR	Jacket Potato	Cheese	OR	Spaghetti On Toast	Cheese
				Jacket Potato			Beans			
				Pasta			Tuna Mayo			
							Cheese & Beans			
Friday	Chicken Pasta Bake	OR	Hot Dog In A Bun	Chips	OR	Jacket Potato	Cheese	OR	Beans On Toast	Cheese
				Jacket Potato			Beans			
				Rice			Tuna Mayo			
							Cheese & Beans			

My child is allergic to / cannot have:

My child's dietary requirements are: No Special Requirements / Vegetarian / Pescatarian / Vegan / Halal / Other (Please specify):

My child requires the **Halal** meat option: Yes No *Please tick as appropriate*

My child is entitled to **free school meals**: Yes No *Please tick as appropriate*

I understand that school lunch **must be paid for via Parent Mail in advance** by 4.00pm each Tuesday of the previous week.

I understand that this menu runs from 3 JANUARY 2023 until 6 APRIL 2024 and that changes to the menu choices cannot be made during this period.

Parent/Carer's Signature:

Date Signed: