



THE PREMIER ACADEMY'S SUMMER LUNCH MENU

Cooked fresh on site for your delight!



Child's Name: _____

Class: _____

WEEK ONE (please select either a meat, vegetarian or jacket potato option)

	Meat/Fish/Halal Option	Tick ✓	Vegetarian Option	Tick ✓	Jacket Potato with a Choice of Filling	Tick ✓
Monday	Mariana Meatballs with Pasta		Cheeky Macaroni with Cheesy Cheddar		If you don't fancy either of the two choices to the left then why not opt for a Jacket Potato with a choice of fillings. Our summer filling choices are Cheese, Beans Tuna Mayo and Coleslaw.	
Tuesday	Omega Fingers of Fish on Toasted Soldiers and a side of Hoopy Spaghetti		Rich Risotto with Variety Vegetables			
Wednesday	Anwar's Chicken Curry, with Basmati Rice and Petit Poppadoms		Meat Free Burger and Wedges			
Thursday	Beefed Up Pie with Vegetables and Noisette Potatoes		Tortellacci Ricotta & Spinach Pasta			
Friday	Frankfurter Friday and French Fries		Meat Free Frankfurter and French Fries			

WEEK TWO (please select either a meat, vegetarian or jacket potato option)

	Meat/Fish/Halal Option	Tick ✓	Vegetarian Option	Tick ✓	Jacket Potato with a Choice of Filling	Tick ✓
Monday	Chicken Strips and Herbie Potatoes in a BBQ Sauce with Vegetables		Meat Free Sausages, Herbie Potatoes and Vegetables		If you don't fancy either of the two choices to the left then why not opt for a Jacket Potato with a choice of fillings. Our summer filling choices are Cheese, Beans Tuna Mayo and Coleslaw.	
Tuesday	Lasagne Verde and Vegetables		Beans on Toast with a Cheese Option			
Wednesday	Ravioli in a Tomato Salsa with Savoury Rice		Tricolore Pasta in a Tomato and Basil Sauce			
Thursday	Pulled Chicken Penne Pasta		Saucy Broccoli and Cauliflower Bake			
Friday	Frankfurter Friday and French Fries		Meat Free Frankfurter and French Fries			

A salad bar and a bread basket is available each day. Puddings currently include: Jelly and Vegetarian Jelly, Biscuits, Custard Tarts, Fresh Fruit, Ice-Cream, Fruit Salad and Apple Crumble. Sometimes served with Crème Anglaise.

My child is allergic to / cannot have:

My child's dietary requirements are: No Special Requirements / Vegetarian / Vegan / Halal / Other (Please specify):.....

My child requires the **Halal** meat option: Yes No Please tick as appropriate ✓

My child is entitled to free school meals: Yes No

School meals **must be paid for in advance** by 4.00pm the Tuesday of the previous week via ParentMail or the Atrium.

I understand that this menu runs from **9 APRIL 2018** until **24 JULY 2018** and that changes to the menu choices **will NOT** be possible during this period.