



THE PREMIER ACADEMY'S LUNCH MENU

Cooked fresh on site for your delight!



Child's Name: _____

Class: _____

Mains (Circle one main and tick one side)							Sides	
Day	Main 1 (Meat) <small>Halal Available</small>	Main 2	Main 3 (Fish)	Main 4 <small>Halal Available</small>	Main 5 (Vegetarian)	Main 6	Carbohydrate	Tick ✓
Monday	Beef Bolognaise	Beans On Toast	Fish Fingers	Chicken Nuggets	Macaroni Cheese	Jacket Potato	Chips	
							Jacket Potato	
							Rice	
							Pasta	
Tuesday	Chicken Wraps	Beans On Toast	Fish Fingers	Chicken Nuggets	Meat Free Burger	Jacket Potato	Herbie Potatoes	
							Jacket Potato	
							Rice	
							Pasta	
Wednesday	Pepperoni Pizza	Beans On Toast	Fish Fingers	Chicken Nuggets	Veggie Sausage	Jacket Potato	Chips	
							Jacket Potato	
							Rice	
							Pasta	
Thursday	Chicken Curry	Beans On Toast	Fish Fingers	Chicken Nuggets	Cheese And Tomato Pizza	Jacket Potato	Herbie Potatoes	
							Jacket Potato	
							Rice	
							Pasta	
Friday	Hot Dog	Beans On Toast	Fish Fingers	Chicken Nuggets	Meat Free Dog	Jacket Potato	Chips	
							Jacket Potato	
							Rice	
							Pasta	

A salad and vegetable bar is available each day. A selection of side fillings is also available: Tuna Mayo, Butter, Beans and Cheese.
 Puddings include: Jelly and Vegetarian Jelly, Biscuits, Flapjack, Custard Tarts, Fresh Fruit, Ice-Cream, Fruit Salad and Apple Crumble. Sometimes served with Custard.

My child is allergic to / cannot have:

My child's dietary requirements are: No Special Requirements / Vegetarian / Pescatarian / Vegan / Halal / Other (Please specify):

My child requires the **Halal** meat option: Yes No Please tick as appropriate ✓

My child is entitled to **free school meals**: Yes No

School meals **must be paid for in advance** by 4.00pm the Tuesday of the previous week via ParentMail or the Atrium.

I understand that this menu runs from 12 NOVEMBER 2018 until 26 JULY 2019 and that changes to the menu choices will NOT be possible during this period.

Parent's Signature:

Date Signed: